

Mount Sinai
Institute for Advanced
Medicine

Annual Report 2025



**Mount
Sinai**

*Institute for
Advanced Medicine*

Mission

The Institute for Advanced Medicine's mission is to lead the field in providing compassionate, inclusive, integrated, and holistic primary care, prevention, and education to advance the health of individuals and communities.

Vision

The Institute for Advanced Medicine envisions a future where everyone has access to quality health care through culturally affirming services that are guided by data-driven decisions, ensuring equity for all.

About Us

IAM achieves its mission through an extensive network of caring clinicians and supportive programs to meet the unique needs of its patients. We unite the Mount Sinai Health System's outstanding physicians and staff from multiple disciplines into one integrated program for comprehensive services. Our unique programs, highlighted throughout this report, are designed to benefit and provide compassionate care to the diverse people we serve throughout New York City.



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Dear Friends and Colleagues,

The annual report for the Institute for Advanced Medicine (IAM) at the Mount Sinai Health System highlights the developments, transformations, and progress that occurred during 2025.

IAM's four clinics (Comprehensive Health Program-Downtown, Jack Martin Fund Center (JMFC), Peter Krueger Clinic, and Samuels Clinic) provided high quality primary care and supportive services to nearly 14,000 individuals in 2025. We greatly expanded the administration of long-acting injectable (LAI) medication for HIV prevention and treatment at all clinics. JMFC, IAM's newest clinic, continues to expand its patient population, reduce no-show rates, and expand gynecologic, high-resolution anoscopy (HRA), endocrine, gastroenterology (GI), renal, and allergy services. The Samuels Clinic demonstrated the highest patient retention rate among IAM clinics and added endocrine services in 2025. The Comprehensive Health Program-Downtown clinic has begun an outreach and visibility campaign.

Many of our programs received continuation funding and we received new awards for dental services (HRSA/Ryan White Part F) and the expansion of harm reduction services at JMFC (HRSA/Ryan White Part A). Our campaign to rebrand IAM from a legacy HIV program to a primary care program serving all, regardless of HIV status, can be seen in our revised webpages, and on various communication platforms.

On behalf of IAM, we thank our patients, staff, and supporters for taking this journey with us in 2025, and for continuing to be part of the effort to provide compassionate, inclusive, and comprehensive care to our diverse community.

Michael Mullen, MD
Executive Director

Matt Baney, MS
Senior Director of Business
and Strategic Development

Jean DiNapoli, DNP, RN
Senior Director of Clinical
Services and Administration

2025 Accomplishments

14,850

Patients
Received

81,295

Clinical
Encounters

11,491 Patients Received 33,505
Primary Care Services

2,742 Patients Received 14,247
Mental Health Services

4,094 Patients Received 8,473
Social Work Services

526 Patients Received 2,027
Point-of Care HIV Rapid Tests

6,667 Patients received
Hepatitis C Tests

7,045

Patients served by Samuels
Pharmacy (23.7 percent were
IAM patients)

3,637

Patients served by Downtown
Pharmacy (84.4 percent were
IAM patients)

9,459 Patients received Sexually Transmitted Infection (STI) Screenings

1,391 People Received PrEP Services

207 People Received 771 PrEP Injections

474 People Received PEP Services

Of the **8,434** people with HIV (PWH)
who were seen by IAM providers:

7,811 Received 24,978 Primary Care Visits

1,846 Received Oral Health Care Services

687 Received Care Coordination Services

396 Received Food and Nutrition Services

Of the **4,931** people who identify as
Transgender and Gender Diverse (TGD)
who were seen by IAM providers:

639 Received 1,784 Primary Care Services

1,182 Are on a Surgical Path

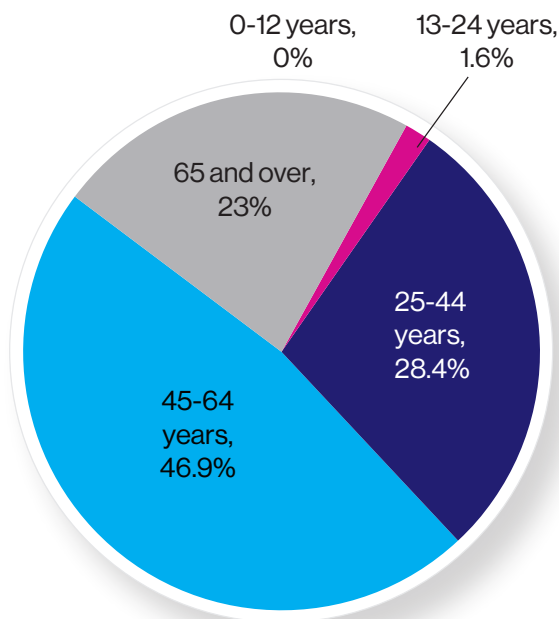
1,832 Received Hormonal Therapy

1,064 Received 2,074 Mental Health Services

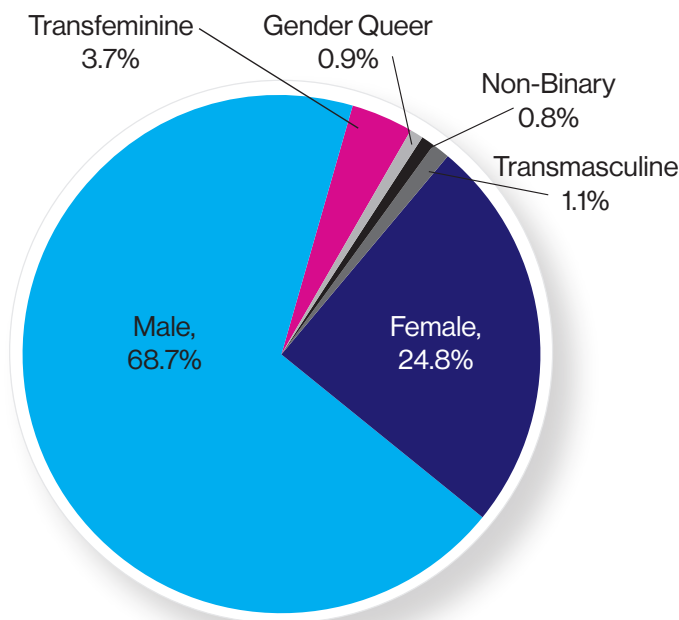
1,248 Received 1,522 Social Work Services

Patient Demographics

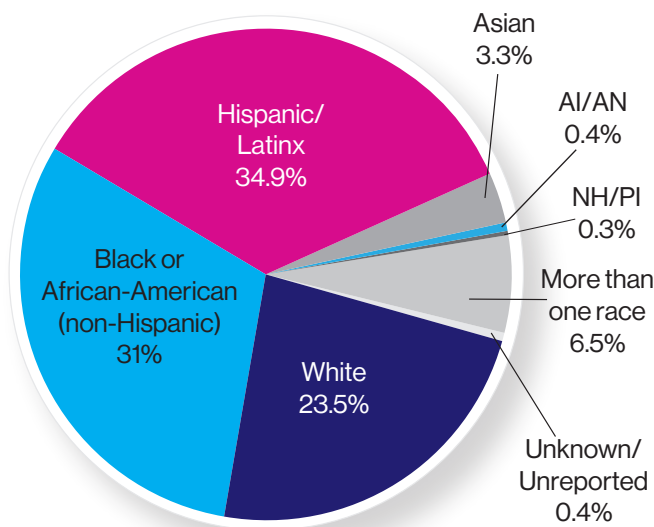
Age



Gender



Race/Ethnicity



Overview of Services

Clinical Services

Primary Care Medical Care
Dental Services
Pre-Exposure Prophylaxis (PrEP)
Post-Exposure Prophylaxis (PEP)
TelePrEP
HIV Prevention, Testing, Care, and Treatment
Mental Health Services
Hepatitis C Screening and Treatment
Integrative Medicine
Pain Management
LGBTQIA Health Services
Center for Transgender Medicine and Surgery (CTMS)
Sexually Transmitted Infection (STI)
 Screening and Treatment
Long-Acting Injectables (LAI)

Specialty Services

Cardiology
Dermatology
Endocrinology
Gastroenterology (GI)
Geriatric Medicine
Gynecology
High Resolution Anoscopy (HRA)
Neurology
Pharmacy Services

Support Services

Social Work/Case Management
Care Coordination
Adherence Support
Substance Use and Harm Reduction Services
Nutrition Services
Health Education and Risk Reduction
Re-Entry Services
Crime Victims Treatment Center

Community-Based Services

IAM Services

HIV, HCV, STI Testing
Street Outreach
24-Hour PEP Hotline
Risk Reduction
Health Education
Events across NYC
Workshops

Referrals to Community Partners for:

Housing
Legal Services
Food Pantries, Meals, and Vouchers
Vocational Training
Education/GED

Long-Acting Injectable HIV Medications



Long-Acting Injectable (LAI) HIV medications are playing a significant role in the prevention and treatment of HIV. If a patient experiences barriers to taking daily pills, LAI HIV medications are a highly effective alternative. This breakthrough approach means that patients can get the prevention or treatment they need through injections given every one, two, or six months. IAM pioneered the use of LAI in 2022.

LAI Medications for HIV Prevention

LAI medications are playing a significant role in **HIV prevention** through the use of LAI-PrEP (Pre-Exposure Prophylaxis). Injectable cabotegravir (Apretude), given every two months, offers a less frequent and more convenient alternative to daily oral PrEP. In 2025, the FDA approved lenacapavir (Yeztugo®), the first twice-yearly injectable for HIV prevention, and IAM began offering it to patients shortly after approval. To date, more than **2,655** LAI PrEP injections have been administered with more than **500** patients having received LAI PrEP across IAM clinics (more than **400** on cabotegravir (Apretude®)) and more than **1,500** on lenacapavir (Yeztugo®), with more than **2,300** prevention injections administered.

LAI Antiretroviral Therapy (ART) for HIV Treatment

LAI therapy is a highly effective alternative for some people with HIV (PWH) who have barriers to taking daily pills. This advanced approach to HIV treatment provides treatment through injections given monthly, every two months, or every six months. Options include a combination of Long-Acting Cabotegravir and rilpivirine (Cabenuva®), given monthly or every two months, and lenacapavir (Sunlenca®), given every six months. To date, nearly **555** patients have received LAI treatment for HIV at IAM, and **98** percent of patients on Cabenuva have maintained viral suppression. More than **7,944** LAI injections have been given at IAM since 2022. Patients can receive injections at the IAM location where they receive PrEP or primary care.

IAM provides full support for patients receiving LAI therapy. This includes assessing patient needs and eligibility for LAI; providing in-depth education on treatment options and their benefits; helping with insurance and pre-authorization (most plans, including Medicare and Medicaid accepted); patient advocacy to help patients get the best insurance coverage available; providing injections by specialized experts; offering ongoing monitoring and follow-up care. IAM accepts referrals from health care providers within the Mount Sinai Health System, community health care providers, and self-referrals. Our goal is to provide the care patients need as efficiently as possible.

IAM Accomplishments



IAM's four clinics provide comprehensive prevention, care, and treatment services to a diverse group of people and populations. Our patients include people seeking primary care, people with HIV (PWH), and people taking HIV prevention medication, people returning to the community from jails and prisons, people who identify as transgender and gender diverse, and many others. We have streamlined clinic flow and operations, and have improved our outreach, linkage, and retention procedures to support our communities with improved health care and quality of life. We provided primary care and supportive services to nearly **15,000** individuals in 2025.

- In February 2025, staff from the Jack Martin Fund Center and IAM's Quality Management Team conducted a breast health screening event in Harlem using the **Mount Sinai Mobile Mammography "Mammovan."** The event was a success based largely on the support of the Mount Sinai Health System Radiology Department, Security Operations Department, and the 28th Precinct Community Affairs Department. Eighteen people were screened through collective efforts. In August 2025, another Mammovan breast health screening event was held adjacent to IAM's Chelsea-based clinics, the Comprehensive Health Program-Downtown and the Peter Krueger Clinic; **13** people were screened.
- In 2025, IAM conducted and participated in numerous **outreach and educational events** in the communities we serve and beyond, including:
 - Second Annual Women's Wellness Event (at JMFC)
 - Men's Wellness Event (at JMFC)
 - Mother's Day Event (at JMFC)
 - Harlem Health and Resource Fair
 - Harlem Pride 2025
 - Mount Bethel Baptist Church Resource Fair
 - NYCGSA Summit
 - New York Public Library, Harlem Branch, Resource and Community Fair
 - Digital Health Initiative at New York University
 - CUNY Health and Wellness Veterans' Summit
 - TAG Third Annual Youth Explosion Event
 - Senator Cordell Cleare's Fourth Annual Senior Health Event
 - Emma Bowen Community Health Fair
 - NMAC Biomedical HIV Prevention Summit
- In 2025, IAM's grant portfolio was **\$14 million**. This includes grants for HIV and sexual health prevention services, HIV primary care and treatment services, and NYS-wide provision of HIV, primary care, hepatitis C and drug-user health clinical and medical provider education.
- In 2025, **5,476** individuals (MD/DO, NP, PA, RN, PharmD, etc.) attended 103 clinical education training events focused on HIV, hepatitis C and/or drug user health, conducted by IAM's NYS Department of Health AIDS Institute-funded **Clinical Education Initiative**.
- In 2025, **IAM's TelePrEP Program**, a virtual service, served **149** patients and **378** to date. TelePrEP provided a **\$174,517** benefit from Section 340B of the Public Health Service Act in 2025 (**\$686,809** to date).

IAM provides a “one-stop shop” for comprehensive health services.

IAM provides multiple services under one roof, addressing health care needs and the social determinants of health. Each clinic provides services to address the needs of their community.



Certified Specialty Pharmacies, on-site at the Samuels Clinic and the Comprehensive Health Program, serve all four IAM clinics and are open the same hours.

- Pharmacy staff are available 24/7
- Pharmacies provide free delivery to all five boroughs, Long Island, and upstate NY

Care Coordination Program at all four clinics provides navigation and medical and social services coordination, virtual directly observed therapy, health education, and adherence support for people with HIV.

Project Safety, Harm Reduction, And Recovery for Everyone (Project SHARE) at Jack Martin Fund Center and Peter Krueger Clinic, provides support to reduce the negative impact of drugs and/or alcohol use on people with HIV: individual and group counseling, crisis intervention, overdose prevention and education, and art/recreational therapy.

Food and Nutrition Services program at Samuels and Jack Martin Fund Center clinics provides nutrition assessments and plans, individual and group nutrition counseling, workshops, and food voucher support for those in need, and trips to New York City neighborhoods to sample diverse healthy cuisines.

Comprehensive Dental Services at the Jack Martin Fund Center and Samuels Clinics include diagnosis and treatment of dental and oral diseases, routine dental hygiene, cleanings, and X-rays.

Integrative Medicine located at the Jack Martin Fund Center includes massage, yoga, acupuncture, meditation, and other stress reduction therapies to help address a variety of issues, including pain, insomnia, anxiety, and chronic disease management.

Pain Management Services are available at the Peter Krueger Clinic, Jack Martin Fund Center, and Comprehensive Health Program for those living with chronic pain.

Formerly Incarcerated Population: IAM's Coming Home Program, located at IAM's Jack Martin Fund Center, addresses the physical, mental, and social well-being of formerly incarcerated people after they return to the community from prison or jail. In 2025, the Coming Home Program provided services to **205** formerly incarcerated people; **72 percent** attended a social work visit and all attended a primary care provider visit.

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We fulfill the health needs of all communities and populations in New York City.



Women, Infants, Children, and Youth (WICY): Located at the Jack Martin Fund Center and Samuels clinics, our WICY Program provides primary and specialty medical care and support services, including treatment adherence support, OB/GYN care, specialty care, mental health, substance use, oral health, nutrition, and case management for people with HIV. In 2025, IAM's HRSA Ryan White Part D funded **Women, Infants, Children, and Youth (WICY) Program** served **1,243** women, infants, children, and youth with HIV.

Young Adults: IAM's Young Adult Sexual Services (YASS!) Program serves young men who have sex with men. The team provides point-of-care HIV/STI testing, conducts presentations, and establishes new partnerships with sex venues and community-based organizations. In 2025, YASS! staff provided **307** encounters to **96** young men of color who have sex with men (YMCSM) clients, both in-person and telephonically. On social media, YASS! reached **1,900** accounts with **8,290** views, secured a total of **942** followers, and received **410** interactions and likes on posts.

Drug User Health: IAM's services to people who use drugs are low threshold, peer driven, and trauma informed. We strive for them to be nonjudgmental and stigma free. IAM's harm reduction program, Project SHaRE, and the Jack Martin Fund Center's Coming Home Program, both employ a Certified Alcoholism and Substance Abuse Counselor. Project SHaRE served **48** PWH in 2025. The Coming Home Program served **15** PWH in 2025.

Older People with HIV: IAM's Peter Krueger Clinic has a program specifically for older people with HIV, developed through the Mount Sinai Department of Geriatrics and Palliative Care. The care model includes a fully developed team that includes a geriatrician (a physician who specializes in the care of older adults), a nurse, a social worker, pharmacist, and community health worker. During 2025, completed **293** visits for **155** patients. In line with the goal of developing effective programs that can be replicated, the Department of Geriatrics and Palliative Care is creating a fellowship-like training program, guided by a master educator in geriatrics, where learners from multiple disciplines can be taught the core skills of comprehensive care for older adults with HIV.

LGBTQIA Health Services: IAM provides health care and supportive services to people who are lesbian, gay, bisexual, transgender, nonbinary, gender nonconforming, queer and/or questioning, intersex, asexual, and others who choose to self-identify in countless affirmative ways. We provide a full range of services including primary care, specialty care, mental health services, geriatric services, PrEP and PEP, HIV, STI and hepatitis C virus testing, social work, and care coordination. IAM has numerous programs that serve LGBTQIA individuals, including the PlaySure Network 2.0 Program, which offers a comprehensive package of HIV prevention, care, mental health, substance use, and supportive services using an equity-focused one-stop-shop and holistic approach; Voices in Partnership; the Center for Transgender Medicine and Surgery; and the Keith Haring Foundation Pediatric and Youth Gender Center.

New Programs in 2025

HIV FOCUS Program

IAM received an award from Gilead Sciences, Inc. to conduct the HIV FOCUS Program, which will help to ensure routine HIV testing is being offered in the Emergency Departments at the Mount Sinai Health System and develop a replicable model program that embodies best practices in HIV, HCV, and/or HBV screening and linkage to care. The Gilead FOCUS Program is being implemented in the Mount Sinai Health System Emergency Departments (EDs) in Manhattan, Queens and Brooklyn, and focuses on an “opt out” model of HIV testing. Patients will also be assessed and linked to primary care if necessary, as well as prevention services such as PrEP, if needed.

We reduce HIV transmission in our communities, and we improve health outcomes and quality of life for people with HIV.

HIV Testing:

- IAM's community-based outreach efforts, in addition to innovative social media strategies, continue to successfully help thousands of diverse individuals with access to affordable prevention and sexual health services.
- **In 2025, we provided 2,027 rapid HIV tests.**

Diagnosed with HIV and Living with HIV:

- For those newly diagnosed with HIV, we provide immediate linkage to antiretroviral treatment per the state's test and treat protocols. Programs are available to assist people with receiving care and treatment at low or no cost.
- **IAM provided medical services to 8,434 PWH in 2025.**
- IAM patients with HIV maintained an average viral load suppression rate of **93.5 percent**. This helps those who are living with HIV to reduce their illness, maintain a healthy lifestyle, and live longer, while preventing further transmission to others.
- Injectable HIV treatment is now FDA approved and provided at IAM. We have developed policies and procedures to efficiently and optimally integrate this service into our clinic flow.

HIV Prevention for Those Who Are HIV-Negative:

- We helped **1,391** individuals at risk for HIV receive pre-exposure prophylaxis (PrEP), which prevents HIV infection if taken daily. We provide assistance to underinsured or uninsured patients with accessing PrEP medications at low or no cost.
- Injectable PrEP medication is also FDA approved, and IAM has developed procedures and policies and instituted this service in 2023. In 2025, **207** individuals received injectable PrEP.

For Those Who Were Exposed to HIV:

- IAM administers **NYC and NYS's 24/7 PEP Hotlines**, which link people to immediate or next-day PEP appointments, with access to free PEP starter packets.
- In 2025, IAM linked **474** people to PEP, which prevents HIV infection when taken after potential HIV exposure. In 2025, IAM's PEP Hotlines received **1,857** calls (**1,615** NYC; **242** NYS). Of NYC callers, **397** were seen at IAM clinics.

Center for Transgender Medicine and Surgery (CTMS)



Clinical Services: In 2025, more than **4,800** transgender and gender-diverse (TGD) patients were actively receiving gender-affirming medical care with Mount Sinai Health System providers. In addition, more than **1,200** gender-affirming surgeries were performed, with surgeries growing across all four Mount Sinai inpatient hospitals in Manhattan, along with several ambulatory locations. Launched in 2016, the Center for Transgender Medicine and Surgery (CTMS) is the most comprehensive TGD program in the country. To date, more than 17,000 TGD patients have received gender-affirming care through CTMS. CTMS medical services include primary care, endocrinology, plastic surgery, gynecology, urology, otolaryngology, and mental health services. In 2025 we hired a new program director, financial coordinator, and an additional registrar.

Education/Research: In 2025, the CTMS portfolio of fellowships included a New York State-funded transgender medicine fellowship, an LGBTQ fellowship, a CTMS Plastic Surgery fellowship, a CTMS Psychiatry fellowship, and a CTMS Genitourinary (GU) fellowship. In addition, gender-affirming surgery continued as a core rotation for the Mount Sinai Plastic Surgery Residency, and gender-affirming hormone therapy continued as a core rotation for the Mount Sinai Endocrinology Fellowship program. The Mount Sinai free online course for primary care providers in transgender health care (www.coursera.org/learn/transgender-medicine) was used by approximately **6,000** students worldwide in 2025. CTMS also had more than **20** presentations between the 2025 European Professional Association for Transgender Health conference in Germany and the United States Professional Association for Transgender Health in New Mexico. This year, we also published more than **20** papers across the range of gender affirming care.

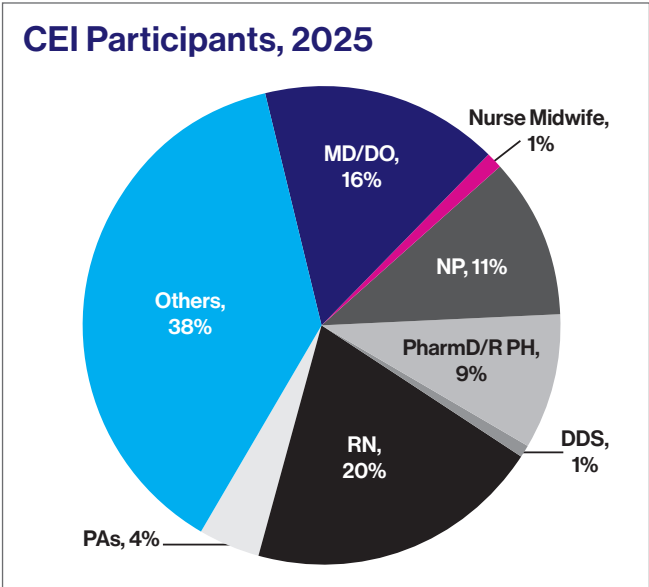
We provide clinical education to NYS medical providers on HIV primary care, HIV prevention, hepatitis C, and drug user health.

The **Clinical Education Initiative (CEI)**, a program of the New York State Department of Health's AIDS Institute, provides progressive continuing medical education to health care providers to strengthen clinical practice and improve patient outcomes. IAM operates two of the Initiative's statewide Centers of Excellence: the **HIV Primary Care and Prevention Center of Excellence** and the **Hepatitis C and Drug User Health Center of Excellence**.

The HIV Primary Care and Prevention Center of Excellence is a statewide clinical education program addressing HIV screening, PEP and PrEP, and HIV diagnosis and treatment. The Center reaches primary care providers and other disciplines working in clinical settings such as local health departments, community health, family practice, and emergency medicine. The Center staffs the CEI line, a warm-line for clinical consultation, for inquiries related to HIV treatment, PEP, PrEP, and maternal-infant exposure to HIV. In addition to providing clinical education on HIV primary care (e.g., screening, diagnosis, treatment, prevention, managing comorbidities), the Center delivers trainings to health care professionals on providing LGBTQ-affirming care.

The Hepatitis C and Drug User Health Center of Excellence serves as a statewide clinical education program to address both Hepatitis C and drug user health. The Center establishes relationships and collaborates with primary care and other frontline providers, as well as substance use, addiction, and mental health clinicians. The Center prioritizes reaching upstate New York providers through collaborations with local Departments of Health, Area Health Education Centers, opioid treatment programs, clinics, and hospitals. The Center also staffs the Clinical Education Initiative warm-line for case-based educational consultation on Hepatitis C clinical care and drug user health. In addition, the Center is committed to creating clinical education resources and training activities that promote health equity and address the ongoing stigma and discrimination faced by individuals who use drugs.

In 2025, IAM's CEI programs trained **5,476** clinicians (MD/DO, NP, PA, RN, PharmD, etc.) through **103** clinical education activities focused on HIV, hepatitis C, drug user health and/or health equity.



Discipline	Total	Percentage
MD/DO	878	16%
PA	244	4%
NP	578	11%
Nurse Midwife	27	0%
DDS	50	1%
PharmD/R PH	498	9%
RN	1101	20%
Other	2100	38%

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In June and July 2025, the HIV Primary Care and Prevention Center of Excellence partnered with the AIDS Healthcare Foundation (AHF) to offer an in-person series for AHF's patient-facing staff. CEI faculty member, **Cynthia Cabral, PhD**, (pictured at left), offered two courses, "Using Motivational Interviewing While Taking a Patient's Sexual Health History: Principles, Techniques, and Strategies for HIV Prevention" and "HIV Counseling and Education: Provider Best Practices for HIV Testing."

In September 2025, the Hepatitis C and Drug User Health Center of Excellence hosted its first in-person annual conference. The full-day program, held in Catskill, New York, included a keynote talk, small group sessions and a panel discussion, offering **5.75** continuing education hours.

The conference was attended by **55** individuals, including **50 (91 percent)** from CEI's target audience and representing **14 (23 percent)** of New York State's **62** counties. Two evaluations were used: **(1)** 35 attendees completed CEI's standard post feedback form summary report (PFF) that gauges learning and satisfaction, and **(2)** 12 individuals completed a SurveyMonkey form to rate program logistics. Feedback from both evaluations was overwhelmingly positive: **35 of 35** PFF respondents **(100 percent)** "agreed" (2) or "strongly agreed" **(33)** that information and skills provided at the conference were



useful and relevant; similarly, **12 of 12** SurveyMonkey respondents **(100 percent)** rated the conference as "excellent," and indicated they would recommend it to a colleague. Attendees also shared open-text feedback about the conference, including:

"I enjoyed this conference so much. It was wonderful to connect with people in person! It was organized so well. Every speaker and activity was helpful."

"In-person format with a smaller number of participants (especially in small groups) led to meaningful conversations, reflection, and networking."

"One of the best conferences I've been to."

Patient Experience

IAM receives input and feedback from our clients in both formal and informal ways. These include patient satisfaction surveys, patient feedback surveys, feedback boxes at each of IAM's clinics, and patient groups including those focused on specific populations (i.e., senior group). IAM's Consumer Advisory Boards meet remotely monthly or quarterly for each of the four clinics and CTMS. This ensures continued valuable input and provides optimal patient and family involvement in assessing patient needs; designing, delivering, and evaluating services; and sustaining program improvements. Members consist of a cross representation of IAM's patients, which include women, men, adolescents, and LGBTQIA patients of all ethnicities.



Patient Testimonials

Comprehensive Health Program-Downtown Patients:

"I needed assistance with regard to a pharmacy, and Julia Tanner helped me immensely. She is a true professional and an asset to Mount Sinai."

"I'm extending my gratitude to Antonio Urbina, MD, for his services as my primary care physician; I also want to extend the highest praise for the indefatigable efforts and services provided by IAM's Anna Kwok. I come from a generation where 'please' and 'thank you' were ingrained into my spirit, and as such, this thank you is long overdue."

While Ms. Kwok maintains the highest standards of professionalism, I still feel as if she is like a near and dear relative, with regard to her devotion to proactively handling any/all matters that I need assistance with. I'm certain that other IAM patients, whose medical issues/needs far surpass mine, must undoubtedly feel the same. To call her work ethic stellar is a gross understatement."

Samuels Clinic Patients:

In June 2025, **Lorna Gottesman, LMSW**, Social Worker at the Samuels Clinic, received the following note of gratitude from a patient:

"I hope this message finds you well. I wanted to take a moment to sincerely thank you for your support, kindness, and the wonderful work you do. Your assistance has made a real difference for me, and I truly appreciate the time, patience, and care you've shown throughout the process. It means a lot to know there are people like you who genuinely care and work so hard to help others. Thank you again for everything—your dedication does not go unnoticed, and it's deeply appreciated. Wishing you all the best in your work and beyond."



Jack Martin Fund Center Patients:

"Every time I go to my consultations, I love to see my nurse because she is very cordial, attentive, and always listens to me and helps me in my health problems, I recommend her 100x100."

"I'm alive because of great care. Thank You."

"She was excellent asking all the proper questions and assisting with my concerns in making future appointments regarding my health."

"When I call I get to speak with a real person and receive the assistance I called for. All very nice hard-working people."

"I WOULD GO TO NO OTHER PLACE. AND I HOPE I NEVER HAVE TO. THANK YOU."

Reyna Cruz, Program Coordinator II, PlaySure Network 2.0 Program (PSN2.0), received a STAR (Strive to Achieve Relationships Recognition Program) award in June for providing critical assistance and support to a patient and was subsequently honored at a Mount Sinai Health System Experience, Safety, and Quality meeting on August 27, 2025. **Gustavo Mercado Muniz**, Health Education Associate, shared the following comment in support of Ms. Cruz's STAR award: "I'm submitting this STAR on behalf of myself and one of our shared patients. Reyna navigated an incredibly complex situation involving a new diagnosis of a patient who did not know their status in an incredibly supportive, focused, and thorough way. I watched as Reyna spent half of her day providing resources, information, and comfort, as well as coordinating in-clinic care for this patient, including a same-day mental health check in where the patient was able to disclose their status to loved ones and receive support. When the patient returned later that week to meet with me, they got emotional as they asked me to thank Reyna for taking what could have been "one of the worst days of my life and turning it around." They specified that Reyna gave them a new outlook on their life after having a long-held fear confirmed. Reyna's work inspires our whole team, and her passion reminds us all why we do the work we do."

Community Partnerships



IAM has a successful history in collaborating and coordinating services for our targeted population via partnerships with community providers. Our active referral linkages with more than **60** agencies help connect patients with supplementary services that include housing, vocational training, food pantries, meals and vouchers, drug treatment and mental health services, legal services, support groups, and additional health services. IAM staff participate in numerous community-oriented groups that focus on planning and targeting HIV prevention, testing and treatment Community Partnerships services throughout NYC and NYS, and addressing the needs of priority populations. These include the New York State LGBT Health & Human Services Network (The Network), HIV Health and Human Services Planning Council of New York, NYC HIV Planning Group, NYS HIV Advisory Body, Public Health Solutions Community Advisory Group, NY Knows, and NY Links. IAM continues to be heavily involved with the NYS HIV Medicaid Coalition to identify opportunities, educate and advocate, and generate best practices and lessons learned.



Continuous Quality Improvement

2025 Highlights

In 2025, the Institute for Advanced Medicine (IAM) strengthened its Continuous Quality Improvement Program through data-driven, patient-centered initiatives across all clinics, enhancing care delivery, improving health outcomes, and expanding access to services.

A key milestone was the launch of the centralized **Preventative Care Dashboard**, providing real-time visibility into critical measures such as cancer screenings, chronic disease management, STI screening, and viral load suppression. This tool enables care teams to quickly identify gaps, monitor performance, and take timely, data-driven action.

IAM also strengthened its approach to **Viral Load Suppression** by prioritizing patient retention, care coordination, and data-driven interventions. Across clinics, teams worked to re-engage patients who had fallen out of care, improve the accuracy and completeness of clinical documentation, and implement regular care team reviews for patients who remained unsuppressed. Strategies such as assigning primary care providers, conducting follow-up visits, and coordinating multidisciplinary support contributed to measurable improvements despite ongoing psychosocial and adherence-related challenges.

To improve **Breast Cancer Screening**, IAM's expansion of mobile mammography events is designed to reduce barriers and improve access for patients. In 2025, IAM hosted six mobile screening events and successfully screened more than **74** patients across clinics.

IAM broadened its **STI screening strategy** by expanding beyond traditional measures to include **trichomoniasis**, alongside syphilis, gonorrhea, and chlamydia. Through standardized workflows, proactive patient identification, and coordinated team-based care, clinics improved screening completion and consistency, supporting a more comprehensive and equitable approach to sexual health.

In addition, IAM advanced its **Remote Patient Monitoring (RPM)** program by training clinical teams and embedding referral workflows into routine care. This allowed providers to identify and connect eligible patients to services during visits, strengthening chronic disease management, and expanding care beyond the traditional clinic setting.

Early adoption demonstrated the value of streamlined workflows and staff engagement, positioning RPM for continued growth in 2026.

IAM also achieved meaningful gains across several value-based performance measures in 2025, with notable improvements in viral load suppression, glycemic control, cervical cancer screening, and STI screening.

Performance Improvement Across Key Measures (2024 > 2025)

- **Viral Load Suppression:** increased from **81.60** to **86.10** percent
- **Cervical Cancer Screening:** increased from **52.91** to **66.90** percent
- **STI Screening:** increased from **58.79** to **72.78** percent

Looking Ahead: 2026 Priorities

In 2026, IAM will continue advancing clinic-specific quality improvement goals aligned with broader system-wide priorities. Preventive care will remain a central focus, particularly in:

- **Prostate cancer screening**
- **Statin therapy**

Efforts will continue to strengthen referral workflows, expand pre-visit planning, and increase access through initiatives such as mobile screening events. The Preventative Care Dashboard and RPM program will also continue to support chronic disease management and patient engagement.

IAM will further deepen its population health strategy through proactive outreach, value-based patient panel management, and care re-engagement efforts. By leveraging real-time data, structured workflows, and interdisciplinary collaboration, IAM is building a more coordinated, efficient, and equitable model of care.

Awards and Presentations, and Publications

In 2025, IAM staff disseminated more than **20** publications and provided more than **20** presentations at conferences, webinars, trainings, and media events throughout the world. In addition, our staff is involved in addressing HIV long-acting therapies, including long-acting injectables, functional cures, anal precancer in women, anal cancer and dysplasia, opioid prescribing, chronic pain, autonomic neuropathy, HIV-associated cognitive impairment, Mpox, and PWH who have COVID-19.

Awards

- IAM was awarded **HRSA Ryan White Part A** funds by Public Health Solutions on behalf of the NYC Department of Health and Mental Hygiene to conduct harm reduction services at Jack Martin Fund Center and Peter Krueger Clinic.
- In May 2025, **Yuderka (Judy) Goris, RN, BSN, MSN, ACRN** and **Eva Mendelson, RN, BSN**, won ambulatory nursing excellence awards from the Mount Sinai Health System Ambulatory Nursing Team. Ms. Goris won for Nurse Leader Excellence and Ms. Mendelson won for Experienced Nurse Excellence.
- In September 2025, IAM received a **Human Resources and Services Administration (HRSA) Ryan White Part F Dental Reimbursement Program Award** for the period September 1, 2025-March 31, 2026, for its Dental Services Program. **Judy Lee Moy, DMD**, directs the Dental Services Program, which operates at the JMFC and Samuels Clinic.
- In December 2025, IAM received two five-year renewal awards from the NYS Department of Health for the Clinical Education Initiative (CEI) programs, **HIV Primary Care and Prevention Center of Excellence** and the **Hepatitis C and Drug User Health Center of Excellence**.



Selected Presentations and Publications



Selected Presentations and Conferences

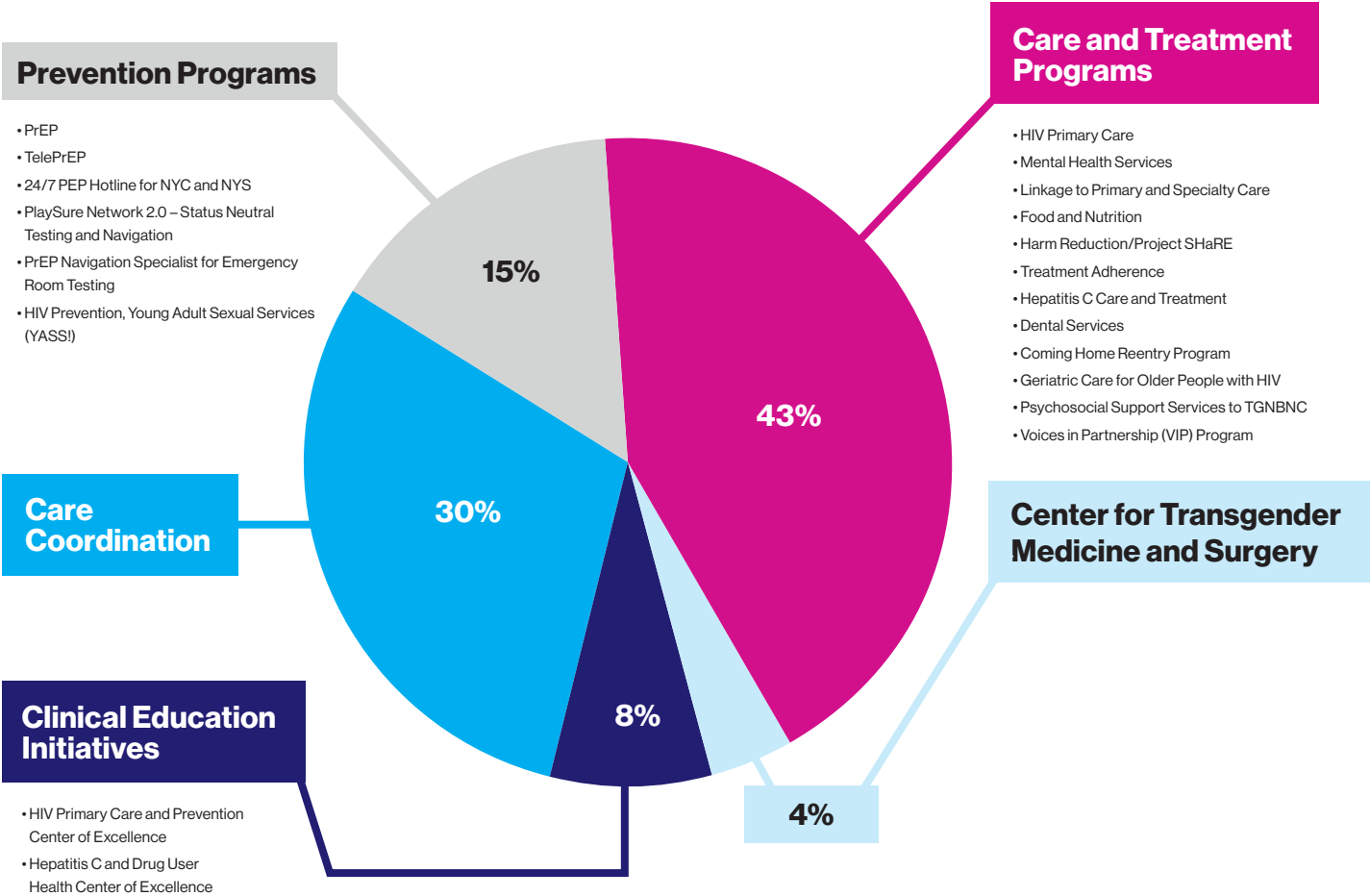
- National Minority AIDS Council's (NMAC) Biomedical HIV Prevention Summit
- HRSA Ryan White Quality Improvement Boot Camp
- CUNY Health and Wellness Veterans' Summit
- Endocrine Society Annual Meeting
- American Society of Plastic Surgeons Annual Meeting
- American Urological Association Annual Meeting
- World Professional Association for Transgender Health/United States Professional Association for Transgender Health/European Professional Association for Transgender Health Annual Meeting
- Conference on Retroviruses and Opportunistic Infections
- International AIDS Society Conference
- Synchronicity–The 11th Annual National Conference
- US Conference on HIV/AIDS
- National HRSA Ryan White Conference on HIV Care and Treatment
- NYS Department of Health 2025 World AIDS Day and Ending the Epidemic Summit
- NYS Department of Health AIDS Institute's Digital Health Initiative
- NYS Hepatitis C and Drug User Health Annual Conference
- NYS HIV Primary Care and Prevention Annual Conference
- Mount Sinai Health System Medical Student Presentations

Selected Publications

Human monoclonal antibodies targeting A35 protect from death caused by mpox. Fantin RF, Yuan M, Park SC, Bozarth B, Cohn H, Ignacio M, Earl P, Civljak A, Laghlali G, Zhang D, Zhu X, Crandell J, Monteiro V, Clark JJ, Cotter C, Burkhardt M, Singh G, Warang P, García-Bernalt Diego J, Srivastava K, **Lugo LA**, Pischel L; PVI study group; Yildirim I, Omer SB, da Silva D, Krammer F, Bajic G, Simon V, Schotsaert M, Lucas C, Wilson IA, Moss B, Coelho CH. *Cell*. 2025 Oct 30;188(22):6236-6252.e18. doi: 10.1016/j.cell.2025.08.004. Epub 2025 Aug 26. PMID: 40865529

Grant Portfolio

In 2025, IAM received more than **\$14 million** in grants to support new and existing programs and approximately **57 percent** of IAM staff.



We wish to thank the following funders for their contribution to our programs. Our work would not be possible without their support.

- Keith Haring Foundation
- The New York Community Trust
- New York City Department of Health and Mental Hygiene/Public Health Solutions
- New York State Department of Health AIDS Institute
- Substance Abuse and Mental Health Services Administration
- US Department of Health and Human Services–Health Resources and Services Administration
- Gilead Sciences, Inc.

Our Locations

1

Jack Martin Fund Center

Mount Sinai Harlem Health Center
158 West 124th Street, Third Floor
New York, NY 10027
332-243-0100

2

Samuels Clinic

Mount Sinai West
1000 10th Avenue, Suite 2T
New York, NY 10019
212-523-6500

3

Comprehensive Health Program

275 Seventh Avenue, 12th Floor
New York, NY 10001
212-604-1701

4

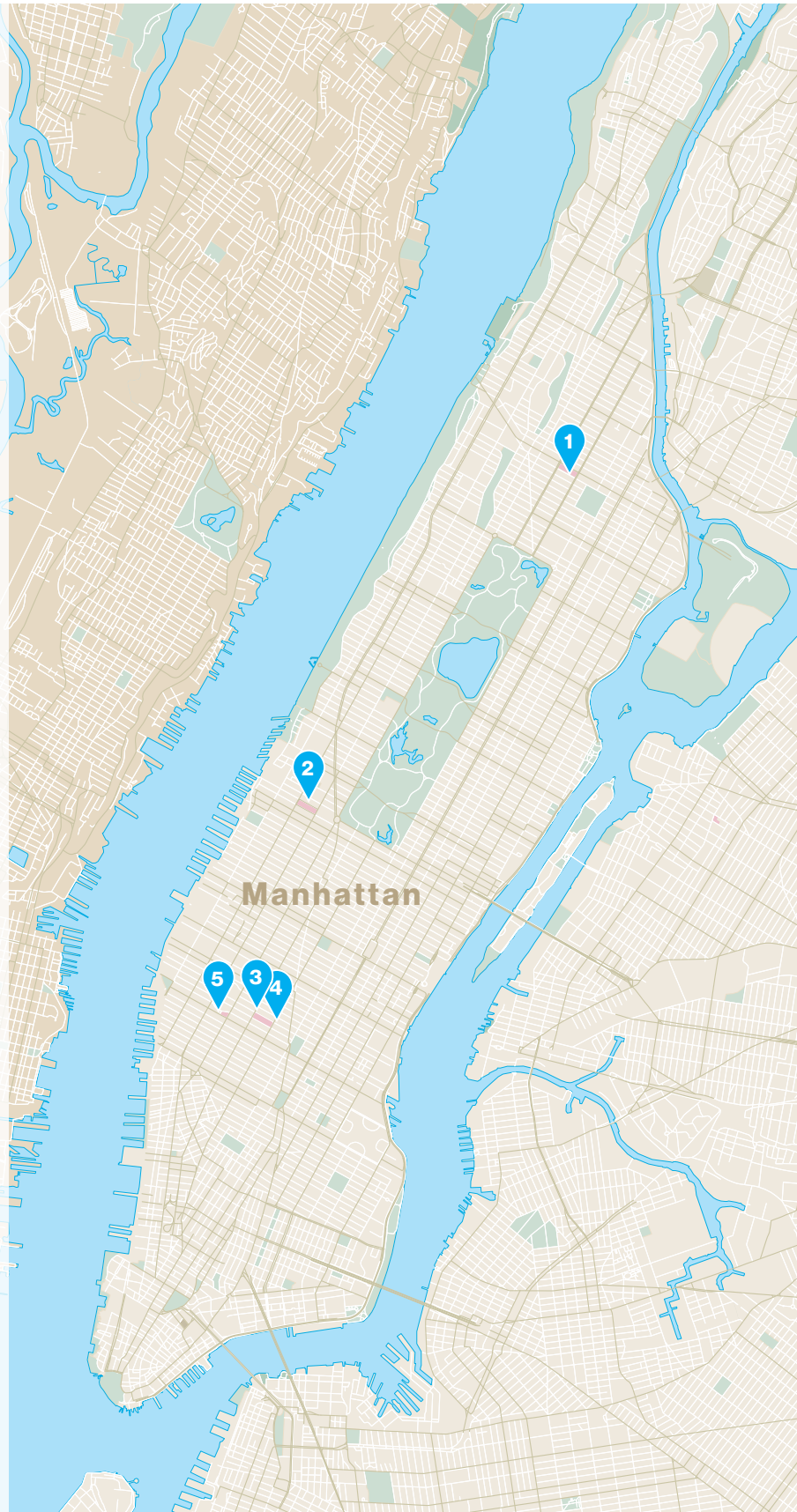
Center for Transgender Medicine and Surgery

275 Seventh Avenue, 12th Floor
New York, NY 10001
212-604-1730

5

Peter Krueger Clinic

275 Eighth Avenue
New York, NY 10011
212-420-2620



Connect With IAM

To learn more about IAM, please visit our website:



Mount
Sinai

www.mountsinai.org/patient-care/iam

Or our Instagram account:



www.instagram.com/ms.sexualhealth

